

Protocoll of 5th Annual Generally Meeting of the ISFT

Hotel Ramada Resort Kranjska Gora, Slovenia

Participants: Prof. Dr. Boyer, Dr. Stefan Seiberling, Miguel Vasco, Dr. Stefanie Frech, Amos Clifford, Prof. Dr. Dr. Klinkmann, Manfred Baum, Dr. Darjia Cvikl, Prof. Dr. Ochiai Hiroko, Sven Rüger, Dr. Karin Lehmann, Stanislovas Cepinskas

Participants (online): Stefan Selvans (until 3:50 PM), Paul Tucek, Alex Gesse

Decisions:

- **23 – 1: Unanimous acceptance of the articles of incorporation.**
- **23 – 2: Unanimous acceptance of the proposal of membership fees.**
- **23 – 3: Unanimous acceptance of the Confirmation of the Next ISFT Congress in Lithuania**
- **23 – 4: Unanimous acceptance of the Change in the position of the General Secretary between Heinz Boyer (no. 2) and Dr. Darjia Cvikl (no. 1)**
- **23 – 5: Unanimous acceptance of Manfred Baum to take over the position of acting president.**

Protocoll of Agenda:

1. Welcome and Administration

- Prof. Dr. Dr. Klinkmann welcomes the governors and expressed gratitude for the presence of participants and online participants.
- Guests: Dr. Karin Lehmann, Dr. Stefanie Frech, Paul Tucek, Nina Schwarz [share lady international certification] have been confirmed.
- Quorum has been established.
- Information: Change of one local governor: Dr. Rudolph has been replaced by Dr. Stefan Seiberling, working on transferring scientific results as a local German governor.
- Special thanks and admiration for the work of Dr. Cvikl.
- **Unanimous agreement to accept the protocoll from February 13, 2023.**
- Cooperation with Austria (Prof. Dr. Boyer) will involve legally establishing the society in Austria.
- Statute articles of incorporation (according to Austrian law, where society was founded (founding president Prof. Dr. Dr. Klinkmann)).

2. Report of the Presidium

- Prof. Dr. Dr. Klinkmann provided information about the international relevance.
- Suggested that one healing forest should be used for one specific indication (6 diseases accepted).
- Emphasized the importance of international development of new job profiles and contributions to climate change worldwide.

2.1. Report of Members of the Presidium on Activities - Each member:

- Treasurer: Conducted workshops after the last meeting in February, facilitated and pushes projects to understand more scientific background and commercial value chains.
- Office for the presidency is necessary, with mutual application for grants.
- Proposal for membership collection of fees and ideas.
- Professor Heinz Boyer, General Secretary: Thanks to Dr. Cvikl and Prof. Dr. Klinkmann.

3. **Adoption of**

- Adoption of the Articles of Association, because a legal basis is needed. There are no remarks or changes to the constitution. Acceptance of the incorporation of the draft without proposals.

Decision 23 - 1: Complete acceptance of the articles of incorporation.

- Responsibility is shared among the chairmanships (newly elected in Lithuania 2024).
- Prof. Dr. Klinkmann asks to let him know, who will stand for election until March 2024.
- Prof. Dr. Klinkmann will remain founding president; an acting president will be elected to ensure a stable transition.
- *To Do for the next months: Print membership applications, send them out, collect signed copies, and collect membership fees.*
- Discussion about contributing ordinance/membership fee regulations.
- Mr. Rüger presented suggestions for ordinary and extraordinary membership fees and stressed their importance. Membership fee per year.
- Discussion about whether membership should be a requirement for participation in the next congress. Sponsorship should be replaced by membership fees.
- Inviting people to the congress should still be possible.
- Mr. Clifford asked how much additional fee must be paid for multiple participants to facilitate the policy of the training team coming to this congress.
- *Mr. Rüger requested written wishes and needs, which he will clarify in the next three months.*
- Three people for corporate roles. Details to be discussed later.
- **Decision: In favor of accepting the proposal of membership fees- unanimous acceptance.**

4. **Short Introduction to the ISFT Homepage - Society to advance the study research, education, and practice of forest therapy worldwide (isft.info) presented by Paul Tucek**

- Homepage is now live. Membership fee and statutes should be published on the homepage.
- First version of the website for increasing visibility.
- Suggestions can be sent to Paul Tucek. Immediate notification to Paul Tucek for any website-related tasks.
- One of the main goals is to make the website attractive and successful. Experts needed for analytics; Miguel Vasco and Mrs. Cvikl will follow up.
- Prof. Dr. Dr. Klinkmann thanked him.
- *Nuhr Centre to be immediately removed from the website.*
- Mr. Tucek shared some ideas for more visibility through social media channels, including a news section written by a designated person.
- Clear purpose for the website; currently, it contains only informational content.
- Dedicated resources for the website: education, listed companies, more information on national/ regional law needed?
- Dedicated website sections for members (parts only accessible to individuals)?
- Membership application draft and membership fee draft should be published there.
- Mr. Tucek to receive announcements about the congress and confirmation of the next ISFT congress.

5. **Confirmation of the Next ISFT Congress in Lithuania**

- Presentation of Mr. Stepinskas and his co-workers working as a network and confirmation of the next congress in Lithuania.
- 1.5 hours, 120 km to international airports, 2 available, shuttle service provided.

- Requirements: Workshops organized for example by local organizations and an international advisory board scientific committee (international program committee responsible for working on the program).
- The Lithuanians agree to those conditions set by Mr. Klinkmann before leaving.
- **Decision 23 - 3: Accepted unanimously.**
- Prof. Klinkmann congratulated the Lithuanians.

6. Other Matters

- Establishment of an international office based on international criteria; every country has the right to apply for national certification. Future: pioneering example contract between a service office and the ISFT.
- Personalia: Further developments in the Board of Management and other bodies.
- Change in the position of the General Secretary between Heinz Boyer (no. 2) and Dr. Darjia Cvikl (no. 1)
Decision 23 - 4: unanimously agreement.
- The position of the founding president will remain; an acting president should have an office to convince Manfred Baum to take over the position of acting president.
Decision 23 - 5: unanimously agreement.

6.1. Additional points:

- Dr. Cvikl will write a report about the conference.
- Dr. Seiberling suggested creating a social media profile to promote the website, which Lithuania confirmed.

[End of Meeting 5.15 PM]